

PHOEBE

HealthWorks is much more than a fitness center ...it's a place to unwind.

This 42,000 square foot modern facility is located on campus at Phoebe and was designed exclusively for the Phoebe family. Employees can come in, and work out, learn healthy cooking techniques, or play intramural sports – before, during or after work.



What's offered...

- Free Weights
- 60 cardio machines
- 33 Cybex strength machines
- Indoor cycling classes
- Wide variety of exercise classes from yoga to cardio dance
- Full court gymnasium
- Intramural sports
- Outdoor track
- Cooking demonstrations
- Well appointed locker rooms with luxurious relaxation areas

More benefits...

- Dual membership with the YMCA
- Reduction in health insurance premiums
- Full juice bar & cyber café

